

HAMPTON UNIVERSITY STUDENT COVID-19 PROTOCOL

Hampton University's highest priority is the health and safety of the students as well as the surrounding community. In accordance with the Centers for Disease Control and Prevention (CDC), the Virginia Department of Health (VDH) and Hampton University guidance, the following will be effective August 01, 2022.

Any student who tests positive for COVID -19 must:

- Monitor your health and seek medical care or evaluation immediately from the Health Center or a Health Care provider.
- Students who test positive at an **off-campus** location should notify the Health Center via email healthcenter@hamptonu.edu including a copy of their positive results, name, HUID, telephone number, testing date, and the date positive results were received.
- If a student is asymptomatic or symptomatic and **has received** all COVID-19 vaccines, including the booster, they must isolate for 5 days. They may return to campus on day 6 without symptoms and fever-free for 24 hours without fever reducing medications. Upon return to campus, they must continue to monitor for COVID-19 symptoms and continue to wear a properly fitted face covering/mask for an additional 5 days.
- If a student is asymptomatic or symptomatic and **has not received** all COVID-19 vaccinations, including the booster, they must isolate for 10 days. They may return to campus on day 11 after the isolation period has ended -- only if they are fever-free for 24 hours without fever-reducing medication and exhibits no symptoms of COVID-19 nor other signs of illness. The loss of taste and smell might persist for weeks or months. These particular symptoms should not delay the end of isolation.
- Students who live on-campus who test positive will isolate at the Hampton University, off-campus Religious Studies Center (RSC). Students who reside off-campus may isolate in their respective residence or at RSC. Students should have a "Go Bag" prepared in the event that they test positive for COVID-19 and need to isolate at the Religious Studies Center (RSC). Please see attached list of items to include.

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Any student who has been exposed or in close contact with a person who tests positive for COVID -19 must:

- Monitor your health and seek medical care or evaluation immediately from the Health Center or a Health Care provider.
- The Student Health Center will notify students of the date to return to class.
- If an individual is asymptomatic and **has received** all COVID-19 vaccines, including the booster, no quarantine is necessary. They may report to campus. Please continue to monitor for COVID-19 symptoms, and continue to wear a properly fitted face covering/mask for an additional 5 days.
- If an individual is symptomatic, **regardless of COVID-19 vaccinations status**, they must be tested for COVID-19 at least 5 days after exposure. If they test positive, the isolation guidance above should be followed. If they test negative, they must quarantine for 5 days after the last exposure. Quarantine ends after day 5 and they may return to campus on day 6, if there are no symptoms.

Close contact is defined as being within 6 feet of a person who has tested positive for COVID-19 for a total of 15 minutes or longer over a 24-hour period or having exposure to respiratory secretion and in close contact with other persons (e.g., being coughed or sneezed on, sharing a drinking glass or utensils, kissing) who have COVID-19.

ITEMS TO INCLUDE IN YOUR "GO BAG"

- Cell phone charger
- Academic Materials (i.e. books, notebooks, laptops & charger cords, calculators, etc.)
- Insurance card & ID Cards (Passports for international students)
- List of important peoples' phone numbers written out, and a list of allergies
- Seven or more complete changes of comfy clothes (i.e. sweats, PJ pants, T-shirts, fuzzy socks, etc.)
- Distraction Items (books, artwork, puzzles, etc.)
- Pillow
- Toiletries (body Lotion, feminine hygiene products, toothbrush, toothpaste, shampoo, hair brush, hair ties, etc.)
- Towels & Wash Cloths
- Fleece throw
- Medicinal Products (Tylenol, Advil, cough syrup, allergy medication, cough drops, Vicks Vap-O Rub, thermometer, prescribed Medication)
- Tissue
- Snacks
- Laundry Detergent
- Multiple Face Coverings