

HAMPTON UNIVERSITY STUDENT COVID-19 PROTOCOL

Hampton University's highest priority is the health and safety of the students as well as the surrounding community. The following is in accordance with the Centers for Disease Control and Prevention (CDC), the Virginia Department of Health (VDH) and Hampton University guidance.

Any student who tests positive for COVID-19:

- Must monitor their health and seek medical care or evaluation immediately from the Health Center or a Health Care provider.
- At an *off-campus* location must notify the Health Center via email healthcenter@hamptonu.edu including a copy of their positive results, name, HUID, telephone number, testing date, and the date positive results were received.
- Who is asymptomatic or symptomatic and *has received* all COVID-19 vaccines, including the booster, must isolate for 5 days following a health care facility administered test. They may return to campus on day 6 without symptoms and fever-free for 24 hours without fever reducing medications. Day one is counted as the first full day after the test is administered. Upon return to campus, they must continue to monitor for COVID-19 symptoms and continue to wear a properly fitted face covering/mask for an additional 5 days.
- Who is asymptomatic or symptomatic and *has not received* all COVID-19 vaccinations, including the booster, must isolate for 10 days. They may return to campus on day 11 after the isolation period has ended -- only if they are fever-free for 24 hours without fever-reducing medication and exhibits no symptoms of COVID-19 nor other signs of illness. The loss of taste and smell might persist for weeks or months. These particular symptoms should not delay the end of isolation.
- Who is living *on-campus* and who tests positive will isolate at the Hampton University Religious Studies Center (RSC). Students who reside *off-campus* may isolate in their respective residence or at RSC. Students should have a "Go Bag" prepared in the event that they test positive for COVID-19 and need to isolate at the Religious Studies Center (RSC). Please see attached list of items to include.
- Will be provided a written statement by the Health Center regarding the specific dates of absence from class. The student will email their individual instructors to inform of their absence and will also present the written excuse note provided by the Health Center to their individual instructors.

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Any student who has been exposed or in close contact with a person who tests positive for COVID -19:

- Must notify the Student Health Center.
- Must monitor your health and seek medical care or evaluation immediately from the Health Center or a Health Care provider.
- Who is asymptomatic and *has received* all COVID-19 vaccines, including the booster, no quarantine is necessary. They may report to campus. Please continue to monitor for COVID-19 symptoms, and continue to wear a properly fitted face covering/mask for an additional 5 days.
- Who is symptomatic, *regardless of COVID-19 vaccinations status* , they must be tested for COVID-19 at least 5 days after exposure. If they test positive, the isolation guidance above should be followed. If they test negative, they may have to quarantine for 5 days after the last exposure. Quarantine ends after day 5 and they may return to campus on day 6, if there are no symptoms.
- Nurses can be reached at the Health Center during normal business hours from 8:00 am to 5:00 pm at 757- 727-5315. Nurses are available on-call after hours/weekends and can be reached by calling the Hampton University Police Department at 757-727-5259.
- Will be provided a written statement by the Health Center regarding the specific dates of absence from class. The student will email their individual instructors to inform of their absence and will also present the written excuse note provided by the Health Center to their individual instructors.

Close contact is defined as being within 6 feet of a person who has tested positive for COVID-19 for a total of 15 minutes or longer over a 24-hour period or having exposure to respiratory secretions and in close contact with other persons (e.g., being coughed or sneezed on, sharing a drinking glass or utensils, kissing) who have COVID-19.

ITEMS TO INCLUDE IN YOUR “GO BAG”

- Cell phone charger
- Academic Materials (i.e. books, notebooks, laptops & charger cords, calculators, etc.)
- Insurance card & ID Cards (Passports for international students)
- List of important peoples' phone numbers written out, and a list of allergies
- Seven or more complete changes of comfy clothes (i.e. sweats, PJ pants, T-shirts, fuzzy socks, etc.)
- Distraction Items (books, artwork, puzzles, etc.)
- Pillow
- Toiletries (body lotion, feminine hygiene products, toothbrush, toothpaste, shampoo, hair brush, hair ties, etc.)
- Towels & Wash Cloths
- Fleece throw
- Medicinal Products (Tylenol, Advil, cough syrup, allergy medication, cough drops, Vicks Vap-O Rub, thermometer, prescribed Medication)
- Tissue
- Snacks
- Laundry Detergent
- Multiple Face Coverings