

Mpox Student Protocol

Hampton University's highest priority is the health and safety of the students as well as the surrounding community. Mpox is a disease caused by a virus (monkeypox virus). In accordance with the Centers for Disease Control and Prevention (CDC), the Virginia Department of Health (VDH) and Hampton University guidance, the following will be effective immediately.

Any student enrolled with suspected or confirmed Mpox:

- Must monitor your health and seek medical care or evaluation immediately from the Health Center or a Health Care provider.
- Who is symptomatic who has been in close contact or exposed to a person with Mpox must contact the Health Center immediately for guidance.
- Who is **on-campus** and too ill to come to the Health Center, must call the Health Center at 757-727-5315 for assistance and provide your name, HUID number, residence hall room number and a contact number to reach you.
- Who is at an **off-campus** location and are suspected or confirmed for Mpox should notify the Health Center immediately via email healthcenter@hamptonu.edu with your name, HUID number and telephone number.
- Will have the Health Center staff perform contact tracing for your previous 21 days of close contacts and activities for all on and off campus suspected or confirmed Mpox cases.
- Will have the Health Center staff contact the local Health department for guidance with your care, testing and isolation.

What to expect while in isolation:

- Students that live on or off campus with suspected or confirmed Mpox will be isolated from the campus in a single room in a designated isolation residence hall. You should pack and bring a “Go Bag” for your Health Center appointment.
- Students seen at the Health Center will be given an information handout regarding the Mpox virus.
- Meals and transportation to and from the residence hall and back to campus will be provided. Once the student is isolated, they must remain there for the duration of the isolation period and until they are cleared to return to the campus or their off campus residence. The isolated students may not leave the isolation facility at their own discretion. **Public transportation is not recommended.**
- Students will have to isolate until all lesions have resolved, the scabs have fallen off, and a fresh layer of intact skin has formed. The illness typically lasts 2-4 weeks. Decisions regarding discontinuation of isolation precautions will be made in consultation with the local or state health department.
- The Health Center will provide a written statement to the student regarding the specific dates of absence from class. The student will email their individual instructors to inform of their absence and will also present the written excuse note provided by the Health Center to their individual instructors.
- Nurses can be reached at the Health Center during normal business hours from 8:00 am to 5:00 pm at 757- 727-5315. Nurses are available on-call after hours/weekends and can be reached by calling the Hampton University Police Department at 757-727-5259.
- A medical clearance letter will be provided once the student has been evaluated by the Health Center provider and cleared to return to the campus.

ITEMS TO INCLUDE IN YOUR “GO BAG”:

- Cell phone charger
- Academic Materials (i.e. books, notebooks, laptops & charger cords, calculators, etc.)
- Insurance card & ID Cards (Passports for international students)
- List of important peoples' phone numbers written out, and a list of allergies
- Seven or more complete changes of comfy clothes (i.e. sweats, PJ pants, T-shirts, fuzzy socks, etc.)
- Distraction Items (books, artwork, puzzles, etc.)
- Pillow
- Toiletries (body Lotion, feminine hygiene products, toothbrush, toothpaste, shampoo, hair brush, hair ties, etc.)
- Towels & Wash Cloths
- Fleece throw
- Medicinal Products (Tylenol, Advil, cough syrup, allergy medication, cough drops, Vicks Vap-O Rub, thermometer, prescribed Medication)
- Tissue
- Snacks
- Laundry Detergent
- Multiple Face Coverings