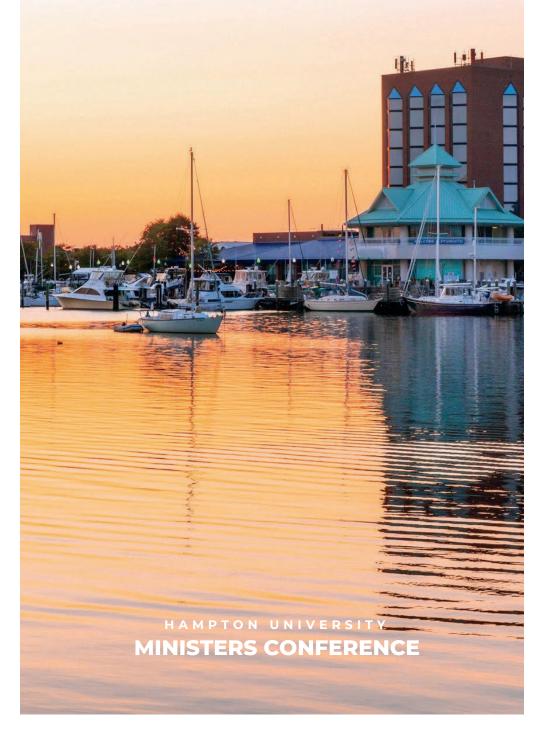
EMERGENCY, TRANSPORTATION, CAMPUS &

Restaurant Guide





GENERAL INFORMATION



UNIVERSITY POLICE

(located in Whipple Barn)

University Police may be contacted 24 hours a day at 727–5259 or 727–5300

FOR EMERGENCIES ONLY.

FIRST AID STATION SCHEDULE

Convocation Center

Monday	.5:00 p.m. – 9:30 p.m.
Tuesday	.5:00 p.m. – 9:30 p.m.
Wednesday	.5:00 p.m. – 9:30 p.m.
Thursday	.5:00 p.m 9:30 p.m.

Office Of Special Projects

(located in McGrew Towers Conference Center)

Office Hours

Sunday	8:00 a.m. – 12:00 a.m.
Monday - Thursday	8:00 a.m. – 12:00 a.m.
Friday	.8:00 a.m. – 5:00 p.m.
Telephone	. 757-727-5367

Linen Service

Towels, wash cloths, sheets and pillow cases may be exchanged after 2:00 p.m. at the front desk of your residence hall. Please remember to bring used towels, wash cloths, sheets and pillow cases to exchange.

University Dining Hall Meal Hours

Monday - Thursday

Breakfast	6:30 a.m. – 9:30 a.m.
Lunch	11:00 a.m 2:30 p.m.
Dinner	4:00 p.m 7:00 p.m.

After Evening Service Meal......8:00 p.m. – 12:00 a.m.

Food Court

(located in Student Center)

Chick-Fil-A, BRB, Pizza Hut, Milked

Monday – Thursday...... 11:00 a.m. – 6:00 p.m. Sunday...... 2 p.m. – 6 p.m. (Pizza Hut & BRB only)

Vending Machines

Located in the Residential Halls and Stone Building for your convenience 24 hours.

The University Mail Room

(located in Stone Building)

Monday - Friday......10:00 a.m. - 3:00 p.m. Telephone.....(757) 727-5337

University Cleaners

(located in Hampton Harbor)

Monday-Friday......7:30 a.m. – 6:00 p.m. Same day service is available for any item brought in by 9:00 a.m. Monday – Friday.

Telephone.....(757) 728-6856

Collegiate Bookstore

(located in Hampton Harbor for gifts and souvenirs)

Monday - Friday......9:00 a.m. - 5:00 p.m. Telephone.....(757) 727-5446

Automatic Teller Machines (ATM)

(Student Center and outside Collegiate Bookstore at the Hampton Harbor Shopping Center)

Student Center Monday-Friday......8:00 a.m. - 10:00 p.m.

Pirate Place

(located in Student Center)

Monday – Thursday......10:00 a.m. – 6:00 p.m. Friday......10:00 a.m. – 8:00 p.m. Telephone.....(757) 728–6200

Conference Bookstore

(located in Convocation Center on Level 2, Exit C)

Conference Vendors

(located in tent just outside Exit C of the Convocation Center)

Sunday.....4:00 p.m. - 8:00 p.m.

Monday - Thursday......10:00 a.m. - 10:00 p.m.

Music Store

(Located in Dubois Hall common area, 1st floor)

Monday - Thursday......10:00 a.m. - 5:00 p.m.

Internet/E-Mail Access

(located on the 5th floor of Harvey Library in the Academic Technology Mall)

Monday - Friday..... 9:00 a.m. - 4:00 p.m.



MEDICAL RESOURCES FOR VISITORS TO HAMPTON UNIVERSITY

Should a medical need occur while you are visiting our campus, the following is a list of local hospitals and urgent care centers available for treatment.

If this is an emergency, please call the University Police at extension (757) 727–5259 or 911

There are three local hospitals with emergency facilities offering care 24-hours a day/365 days a year:

Sentara Careplex Hospital

3000 Coliseum Drive • Hampton, VA 23666 • (757) 736-1000

Directions: From HU going east on E. William R. Harvey Way towards Settlers Landing Rd –0.2 miles. Turn right on Settlers Landing Rd –0.1 miles. Continue on Settlers Landing Rd and merge onto I–64 West via the ramp on the left – 3.9 miles. Exit 263B, take ramp (right) towards Mercury Blvd/ Hampton Coliseum. Turn left on Coliseum Dr –1.1 miles to 3000 Coliseum Drive.

Riverside Regional Medical Center

500 J. Clyde Morris Blvd. • Newport News, VA 23601 • (757) 594-2000

Directions: From HU going east on E. William R. Harvey Way towards Settlers Landing Rd –0.2 miles. Turn right on Settlers Landing Rd –0.1 miles. Continue on Settlers Landing Rd and merge I–64 West via the ramp on the left –9.2 miles. Merge onto J. Clyde Morris Blvd via Exit 258A –2.6 miles to 500 J. Clyde Morris Blvd.

Langley Air Force Base

77 Nealy Street • Langley AFB, VA 23665 • (757) 764-6800

Directions: From HU going east on E. William R. Harvey Way towards Settlers Landing Rd -0.2 miles. Turn right on Settlers Landing Rd -0.1 miles. Continue on Settlers Landing Rd and merge onto I-64 West via the ramp on the left -1.8 miles. Merge onto N. Armstead Ave. via Exit 265B-0.3 miles. Turn right onto E. LaSalle Ave. -2.1 miles. E. LaSalle becomes Nealy Ave. -2.1 miles.

MEDICAL RESOURCES FOR VISITORS TO HAMPTON UNIVERSITY

URGENT CARE FACILITIES

(Walk-ins are welcome)

The following is a list of urgent care facilities.

Please call for directions.

Velocity Urgent Care

747 J. Clyde Morris Blvd., Newport News, VA 23601 M-F 8am - 8pm (757) 599-6117

Sentara Port Warwick

11803 Jefferson Ave., Newport News, VA 23606 7 days a week, 7am – 10pm (757) 594–1885 Emergency: (757) 594–1920

Concentra Urgent Care

593 Aberdeen Road. • Hampton, VA 23661 M-F 8am - 6pm (5pm latest) Saturday 8am - 11:45am (757) 825-1100

Patient First

Mercury Location:

2304 W. Mercury Blvd. • Hampton, VA 23666 Open 365-days a year, 8am – 8pm (757) 951-1579

Denbigh Location:

611 Denbigh Blvd. • Newport News, VA 23608 8am-10pm (757) 283-8300



MEDICAL RESOURCES FOR VISITORS TO HAMPTON UNIVERSITY

PHARMACIES

The following is a list of pharmacy facilities.

Please call for directions.



CVS/PHARMACY

401 E. Mercury Blvd. Hampton, VA 23669

(757)728 - 3524

Mon. – Fri. 9am – 9pm Sat. – 9am – 6pm Sun. – 10am – 6pm



RITE AID

3701 Kecoughtan Rd. Hampton, VA 23668

(757) 728-2913

Mon.- Fri. 9am - 9pm Sat. - 9am - 6pm Sun. - 10am - 6pm



TARGET

5001 Holt Ave. Hampton, VA 23666

(757) 827-8024

Mon.- Fri. 9am - 7pm Sat. - 10am - 6pm Sun. - 11am - 5pm



WALGREENS

919 W. Mercury Blvd. Hampton, VA 23666

(757)722-0795

Mon.- Fri. 9am - 9pm Sat. 9am - 6pm Sun. 10am - 6pm

500 Settlers Landing Rd. Hampton, VA 23669

(757) 723-7614

Mon. - Fri. 9am - 7pm



WALMART

1900 Cunningham Dr. Hampton, VA 23666

(757) 826-7142

Mon. - Sat. 9am - 7pm Sun. - 10am - 6pm

LOCAL RESTAURANTS

STUDENT CENTER CAMPUS DINING

BRB

Pizza Hut

Chick fil-A

Milked Waffles & Whatnot

HAMPTON HARBOR SHOPPES

Tropical Smoothie Café

757-722-6290

Palm Tree

757-727-0035

Subway

757-722-0299

Wendy's

757-964-7022

Starbucks

757-336-8024

DOWNTOWN HAMPTON

Goody's Deli & Pub

11 E. Queen Street 757–722–3661

Marker 20

21 E. Queen Street 757-726-9410

Musasi Japanese

49 Queen's Way 757-728-0298

Venture Kitchen

9 E. Queen's Way Hampton, VA 23669

Brown Chicken, Brown Cow

13 E. Queens Way Hampton, VA 23669

HAMPTON CITY AREA

County Grill & Smokehouse

26 E. Mercury Blvd. 757-723-0600

Chili's Grill & Bar

1066 W. Mercury Blvd 757-825-03481

Surf Rider Restaurant

1 Marina Road 757-723-9366

Mango Mangeaux

33 E. Mellen Street 757–224–9189









LOCAL RESTAURANTS

HAMPTON CITY AREA

Red Lobster

1046 W. Mercury Blvd 757-838-6062

IHOP

1002 W. Mercury Blvd 757-838-9350

Kente's African-American

301 N. Back River Road 757-722-1471

The Olive Garden

1049 W. Mercury Blvd 757-827-8874

Chipotle Mexican Grill

3510 Von Schilling Drive 757–826–7890

Applebee's

4009 W. Mercury Blvd 757-838-8460

Buffalo Wild Wings

4201 Kilgore Avenue 757–826–4809

Jason's Deli

39 Coliseum Crossing 757-825-1501

Denny's

1040 W. Mercury Blvd. 757-826-4537

The Baker's Wife Bistro

1 E. Mellen Street Hampton, VA 23663

Fuller's Raw Bar

38 E. Mellen Street Hampton, VA 23663

Mama Rosa's

Italian Restaurant 617 E. Mercury Blvd. Hampton, VA 23663

The Grey Goose

10 S. Mallory St. Hampton, VA 23663

Red Crab

77 W. Mercury Blvd Hampton, VA 23661









LOCAL TRANSPORTATION



AMTRAK NATIONAL RAIL PASSENGER SERVICE

For reservation and schedule information call 1–800–872–7245 9034 Warwick Blvd, Newport News *Approx. 20 min. away by car.*



GREYHOUND BUS LINES

1–800–231–2222 2 W. Pembroke Ave., Hampton Approx. 10 min. away by car



HAMPTON ROADS TRANSPORTATION

757–222–6100 Serving Hampton, Newport News, and Norfolk/Virginia Beach. 2 W. Pembroke Ave., Hampton Approx. 10 min. away by car.

TAXIS

Associated Cabs

757-887-3412

Yellow Cab

757-727-7777 (Hampton) 757-245-7777 (Newport News)

CAR RENTAL



www.avis.com 1-800-831-2847 757-877-0291 (Newport News) 757-855-1944 (Norfolk, Airport)

CAR RENTAL



www.budget.com 1– 800–527–0700 TDD 1– 800–826–5510 Newport News (Airport) Norfolk (Airport) 757–874–5794

Triangle Rent ACar

www.trianglerentacar.com 1-800-643-7368 Hampton 757-262-2100 Discounts for churches, schools, and associations



www.enterprise.com 1-800-736-8222 Hampton: 757-838-7770 Newport News (Airport) 757-872-7882



www.hertz.com 1-800-654-3131 TDD 1-800-654-2280 Newport News (Airport) 757-877-9229 Norfolk (Airport) 757-857-1261



www.nationalcar.com 1-800-227-7368 Newport News (Airport) 757-877-6486 Norfolk (Airport) 757-855-2037 ext. 30



LiveSafe in 3 Easy Steps

- Download
 Search for and download "LiveSafe" from the Apple or
 Google Play app store. Open LiveSafe on your device.
- Sign up and verify your account
 Register using your mobile phone number. Follow the
 verification instructions (you will receive a code via SMS text
 to the phone number entered). Once verified, fill out your
 profile and create a password. Tap "next".
- 3 Select your organization
 Your organization should appear at the top of the list if it is nearby. Otherwise, search for and select it. You'll know you are in the right place when you see your organization's logo at the top. When prompted, enable push notifications and location services to receive full benefits of the LiveSafe app. You're set!







TRAFFIC & PARKING INFORMATION

SITUATION

There is frequent heavy traffic congestion on Interstate 64 in the vicinity of Hampton University, especially eastbound on I-64 (from Hampton towards Norfolk) during both morning and evening rush hours.

RECOMMENDATIONS

#1: Get Here Early and Give Yourself Plenty of Time.

#2: Be Prepared to Use an Alternate to the I−64 Settlers Landing exit (Exit 267), which is heavily congested.

ALTERNATE I-64 EAST EXITS

(From Richmond/Newport News)

LaSalle Ave (Exit 265A)

Take exit 265A, turn right on LaSalle Ave., then turn left on Settlers Landing Road, about two miles to the Hampton University entrance at William R. Harvey Way, turn right on William R. Harvey Way., then an immediate left on Emancipation Blvd, follow the officers directions to the parking area.

Armistead/Langley AFB (Exit 265C)

Take exit 265C, turn right on Rip Rap Road, then turn left on N. Armistead Ave, then turn left on Settlers Landing Rd, about one mile to the Hampton University entrance at William R. Harvey Way., turn right on William R. Harvey Way, then an immediate left on Emancipation Blvd, follow the officers directions to the parking area.

Mallory Street (Exit 268)

Take exit 268, turn right on Mallory St., turn right on Martin Luther King Jr. Blvd., turn right on Emancipation Blvd, follow the officers directions to the parking area.

TRAFFIC & PARKING INFORMATION

Alternate I-64 West Exits

(From Norfolk and the Hampton Roads Bridge Tunnel)

Mallory Street (Exit 268)

Take exit 268, turn right on Mallory St., turn right on Martin Luther King Jr. Blvd., turn right on Emancipation Blvd, follow the officers directions to the parking area.

Armistead/LaSalle (Exit 265B)

Take exit 265B, turn left on LaSalle, then turn left on Settlers Landing Rd, about one mile to the Hampton University entrance at William R. Harvey Way, turn right on William R. Harvey Way, then an immediate left on Emancipation Blvd, follow the officers directions to the parking area.

DO NOT PARK AT THE VETERANS ADMINISTRATION MEDICAL CENTER

You will be subject to ticketing or towing. Follow the officers' directions to the parking areas.

From Richmond/Newport News: I-64 Exits and Routes to Hampton University Convocation Center & Ministers' Conference

Exit 265A Lasalle Ave.: Take Lasalle Avenue to Settlers Landing Road to William R. Harvey Way to Emancipation Drive

Exit 265C Armistead/Langley AFB: Take Armistead Avenue to Settlers Landing Road to William R. Harvey Way to Emancipation Drive

Exit 267: Settlers Landing Rd.: Take Settlers Landing Road to William R. Harvey Way to Emancipation Drive

Exit 268 Mallory Ave.: Take Mallory Avenue to MLK Jr. Drive to Emancipation Drive

YOUR NOTES

